**Dal y Gwynt - Eye of the Storm**

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| **Theme Name: Young Carers** | | |
| **AOLE** | **STRAND** | **Suggested learning experiences:** |
| **Health and Wellbeing** | Who / What is a young carer? | * Many local authority websites have videos / animations that explain what a young carer is and everything they have to do. The accompanying sheet gives links to each Young Carers county website. * YMCA Swansea has a good video: <https://www.youtube.com/watch?v=xIzJ1N_F7AU> * NHS England created a video with young carers intended to raise awareness of the challenges faced by young carers: <https://www.youtube.com/watch?v=HZz0uU72eOo> * Bridgend Young Carers have written a book on caring that you can purchase: <https://www.bridgendcarers.co.uk/what-we-do/projects/young-carers-service/> * Every local authority in Wales has a legal obligation to provide support for young carers. * Swansea young carers are based at the YMCA and are keen to visit schools and will give sessions for free. Just get in contact via the website. They emphasise the need to train staff as well as young people. YMCA Swansea support carers from age of 8 though there are some who are even younger. * Video - [Merthyr](https://youtu.be/foJn0vBb7Xg), Swansea * You could explore the experiences of a young carer through story mapping - read a short story or watch a short film that outlines the work of a young carer and all the extra responsibilities (refer to Emmie from the show). * You could create a visual story map that highlights the main elements, emotions, and challenges faced by the young person. * [Carers Trust website](https://carers.org/young-carers-and-education/young-carers-and-education)   Direct Action:   * Look at raising awareness of the Young Carers’ ID card or awareness around the struggles that young carers face. * It is a postcode lottery whether young carers can access an ID card as it is no longer funded by central government. Swansea Council still fund and support the scheme. * YMCA Swansea website explains how their young carers can use their ID card. |
| **Health and Wellbeing** | Rights of the Child | * It is important that children understand the role of a young carer before this activity. * How do we protect the rights of children who are carers themselves? * **What is the UNCRC?** [Children's Commissioner for Wales - rights poster](https://www.childcomwales.org.uk/right-of-the-month/) * Do children know about their rights? Why do we have rights? Why are they important? * Can children find which rights/ articles link directly to young carers? * **Discuss**: How might these rights be affected for children who are young carers? * Pupils could think about how being a young carer may make it harder to enjoy that right. * You could think about what to say to the Commissioner to raise awareness of young carers and ensure their rights are protected. * How can we make sure the voices of young carers are heard in school? * Why is it important for us, as children, to speak up for each other? |
| RSE  Health and Wellbeing | Families in all shapes and sizes | * Children should understand that every family can look different to each other and we must respect that * Discuss: What makes a family? Who can be in a family? What do families do for each other? * Discuss: different family structures (same-sex parents, blended families * How is Emmie’s family structure different / similar to theirs? * **Some activities:** describe their own family, create a family tree, read a variety of picture books - what families can look like * Values within a family setting ​​- love, kind, support, understanding, respect... * You could explore through picture books to highlight family diversity |